

ACTIVITY BOOK

Pizza Day by Melissa Iwai ISBN: 978-1627797900

HIDDEN PICTURE

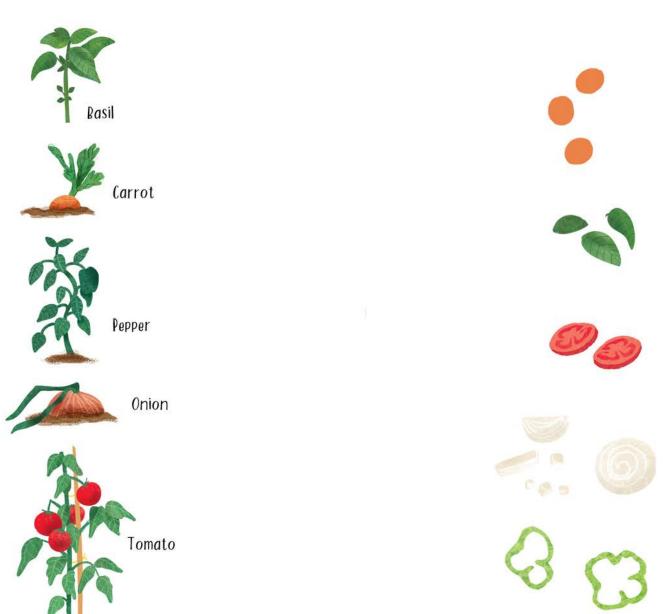
Can you find the hidden objects in the kitchen?

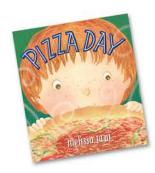




MATCHING GAME

Match the vegetable plant with the ingredient!



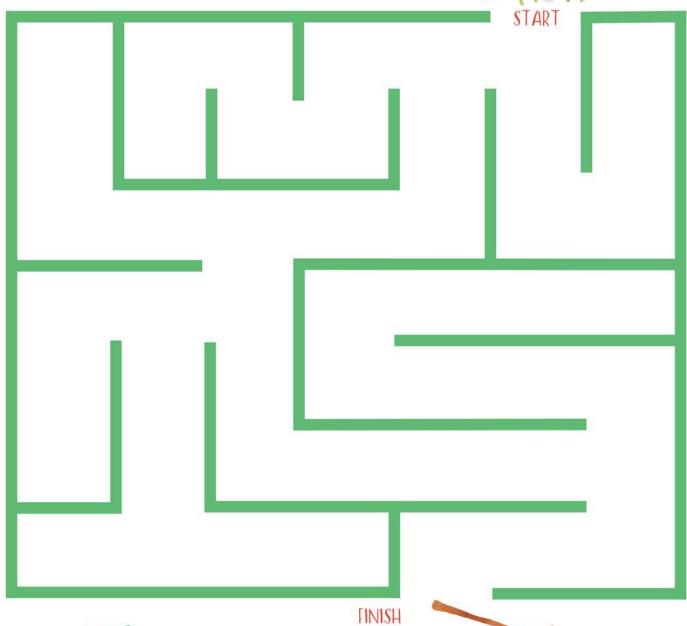


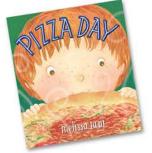
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MAZE

Help Caesar find the stick!







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WORD SEARCH







Can you find the ingredients?

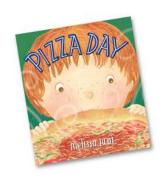


ONION PEPPER MUSHROOM TOMATO BASIL SAUCE





R R S E C I R A S K P Α H B R E I P M T A Μ M F E U O T P K C S X I S P N E S Z A R K E C 0 Z N R N Y N N M Α X S M R M H



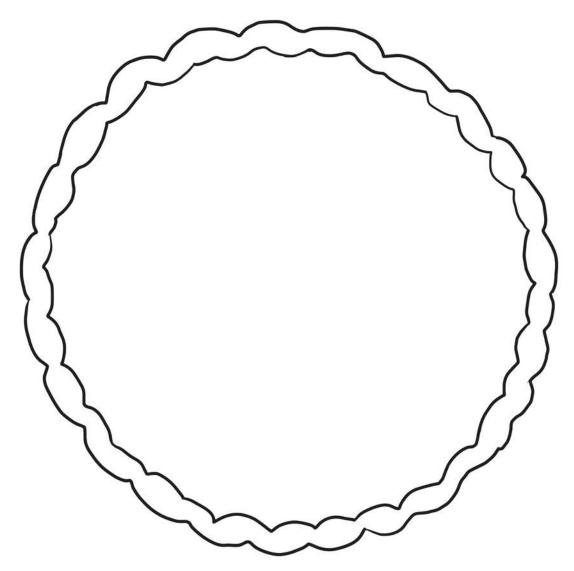
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PIZZA COLLAGE

Let's make pizza! Color in crust and sauce.





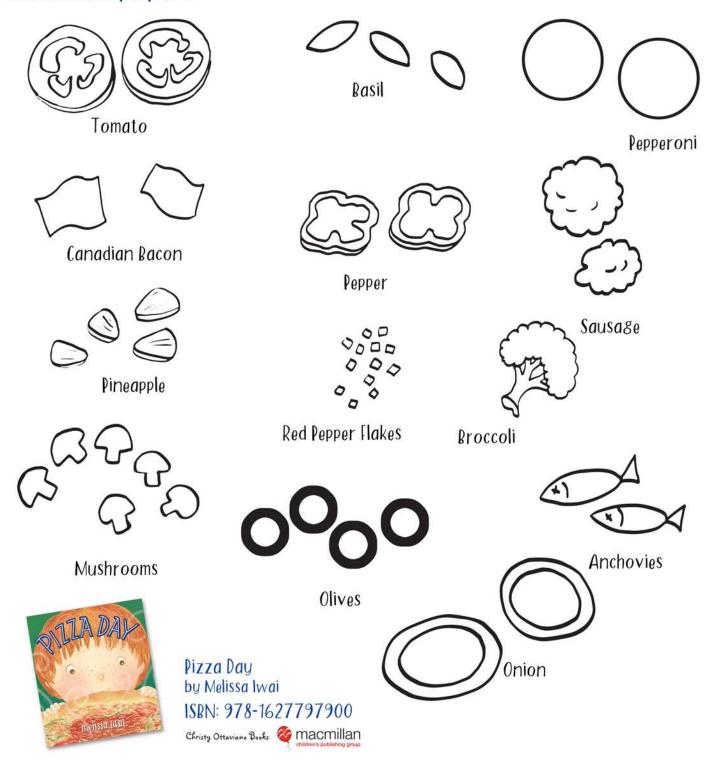
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PIZZA COLLAGE

Color ingredients, draw your own, cut out, and paste onto pizza crust. Try adding "cheese" made of yarn or shredded paper.



KITCHEN TIPS for Getting Kids Cooking

Getting your kids involved in cooking is a great way to spend time together both in the kitchen and at the grocery store. You can teach them about healthy eating along the way, and if they are part of the process, they will be more likely to eat their food!

Have them be part of process of choosing what to make, or what ingredients to use. You can look at a cookbook together and let them choose what dish they might like to try. Or you can let them choose some of the ingredients to use, such as what kinds of things to top their pizza, what kind of vegetable or pasta they'd like in their soup, or what kind of nuts and dried fruit they'd like in their granola.

Let them help choose which produce to put in the basket. You can teach them about how to choose fruit and vegetables which look the freshest and aren't bruised or too soft. You can also count how many of each you need. If they are older, they can help read the shopping list and check off items as they are placed in the cart.

Have kids help you wash produce when you get home. They can use a brush to clean mushrooms. If you have a salad spinner, they can take turns making it spin and stopping it from spinning.

Shucking corn, snapping the ends off of green beans, breaking off broccoli and cauliflower florets are other easy and fun prepping tasks for children.

Children love to help measure and weigh ingredients, as well as add them to a bowl or pot. They can help you make batters for cake, cupcakes, pancakes, etc. Even very young children can participate.

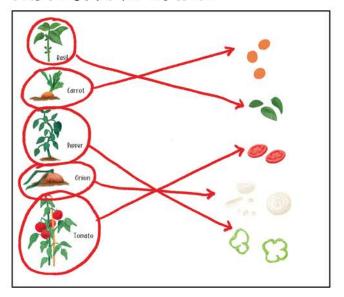
Stirring, mixing, kneading ingredients together are all things kids of varying ages can do.

Older children can help with slicing and peeling fruit and vegetables. You can help them to use a plastic knife and help them cut softer produce, such as mushrooms, pears, strawberries, etc.

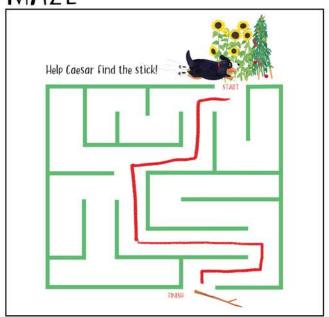


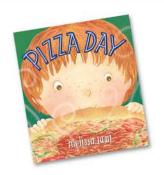
ANSWER KEY

MATCHING GAME



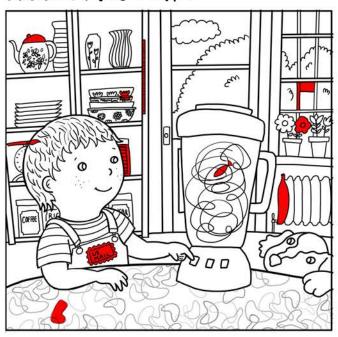
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